



HYDRATION

**Organic Electrolyte Drink Low
Sugar, Faster Absorption**
5g Flavoured Sticks
Berry Flavour



SOS Berry Flavour Nutrition Information Serving Size 6g

15 Calories per Serving

INGREDIENTS: Sugar, Potassium Chloride, Sodium Citrate, Salt, Natural Flavour, Citric Acid, Beetroot Powder (Colour), Vitamin C (Ascorbic Acid), Dextrose, Natural Berry Flavour, Natural Colours, L-Malic Acid, Magnesium Citrate, Stevia Extract (Rebaudioside A), Annatto & Turmeric Extract (Colour), Zinc Sulfate, Vitamin D3 (Cholecalciferol), Vitamin B6 (Pyridoxine Hydrochloride), Folic Acid, Vitamin B12 (Cyanocobalamin)

AVERAGE QUANTITY	Per Serve
Protein	0.0g
Fat, Total	0.0g
- Saturated	0.0g
Carbohydrates	4g
- Sugars	3g
Sodium	330mg
Vitamin D 7.5mcg	40%
Potassium 190mcg	4%
Vitamin C 54mg	60%
Vitamin B6 1.1mg	60%
Folate 85mcg DFE	20%
Vitamin B12 2mcg	80%
Magnesium 35mg	8%
Zinc 3mg	25%
Chloride 490mg	20%



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6g Flavoured Sticks
Citrus Flavour



SOS Citrus Flavour Nutrition Information Serving Size 6g

15 Calories per Serving

INGREDIENTS: Sugar, Potassium Chloride, Sodium Citrate, Salt, Natural Flavour, Citric Acid, Vitamin C (Ascorbic Acid), Dextrose, Natural Lemon Flavour, Natural Colours, L-Malic Acid, Magnesium Citrate, Stevia Extract (Rebaudioside A), Annatto & Turmeric Extract (Colour), Zinc Sulfate, Vitamin D3 (Cholecalciferol), Vitamin B6 (Pyridoxine Hydrochloride), Folic Acid, Vitamin B12 (Cyanocobalamin)

AVERAGE QUANTITY	Per Serve
Protein	0.0g
Fat, Total	0.0g
- Saturated	0.0g
Carbohydrates	4g
- Sugars	3g
Sodium	330mg
Vitamin D 7.5mcg	40%
Potassium 190mcg	4%
Vitamin C 54mg	60%
Vitamin B6 1.1mg	60%
Folate 85mcg DFE	20%
Vitamin B12 2mcg	80%
Magnesium 35mg	8%
Zinc 3mg	25%
Chloride 490mg	20%



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6g Flavoured Sticks
Mango Flavour



SOS Mango Flavour Nutrition Information Serving Size 6g

15 Calories per Serving

INGREDIENTS: Sugar, Potassium Chloride, Sodium Citrate, Salt, Natural Flavour, Citric Acid, Vitamin C (Ascorbic Acid), Dextrose, Natural Mango Flavour, Natural Colours, L-Malic Acid, Magnesium Citrate, Stevia Extract (Rebaudioside A), Annatto & Turmeric Extract (Colour), Zinc Sulfate, Vitamin D3 (Cholecalciferol), Vitamin B6 (Pyridoxine Hydrochloride), Folic Acid, Vitamin B12 (Cyanocobalamin)

AVERAGE QUANTITY	Per Serve
Protein	0.0g
Fat, Total	0.0g
- Saturated	0.0g
Carbohydrates	4g
- Sugars	3g
Sodium	330mg
Vitamin D 7.5mcg	40%
Potassium 190mcg	4%
Vitamin C 54mg	60%
Vitamin B6 1.1mg	60%
Folate 85mcg DFE	20%
Vitamin B12 2mcg	80%
Magnesium 35mg	8%
Zinc 3mg	25%
Chloride 490mg	20%



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6g Flavoured Sticks

Watermelon Flavour



SOS Watermelon Flavour Nutrition Information Serving Size 6g

15 Calories per Serving

INGREDIENTS: Sugar, Potassium Chloride, Sodium Citrate, Salt, Natural Flavour, Citric Acid, Beetroot Powder (Colour), Vitamin C (Ascorbic Acid), Dextrose, Natural Watermelon Flavour, Natural Colours, L-Malic Acid, Magnesium Citrate, Stevia Extract (Rebaudioside A), Annatto & Turmeric Extract (Colour), Zinc Sulfate, Vitamin D3 (Cholecalciferol), Vitamin B6 (Pyridoxine Hydrochloride), Folic Acid, Vitamin B12 (Cyanocobalamin)

AVERAGE QUANTITY	Per Serve
Protein	0.0g
Fat, Total	0.0g
- Saturated	0.0g
Carbohydrates	4g
- Sugars	3g
Sodium	330mg
Vitamin D 7.5mcg	40%
Potassium 190mcg	4%
Vitamin C 54mg	60%
Vitamin B6 1.1mg	60%
Folate 85mcg DFE	20%
Vitamin B12 2mcg	80%
Magnesium 35mg	8%
Zinc 3mg	25%
Chloride 490mg	20%